

Frozen Rainbow



SUPPLIES:

-food coloring -ice cube tray -freezer -water -cup

On a hot day, it is nice to sit with friends and sip a cool drink!

Your body also likes it when you stay hydrated.

Make your body happy and astonish your friends
with a rainbow in your drink!

INSTRUCTIONS:

- Fill an ice cube tray with water.
- Drip food coloring into each cube, one color per cube.
- Freeze
- Pop rainbow ice cubes out of the tray and place in a cup of water
- As you drink and the ice melts, the cubes will release the rainbow into the water!

