

SLOW IT DOWN

Listen To The Rain



Materials

Paper

Crayons or markers

Paper towel roll

Scissors

2 squares of aluminum foil 6"

Scotch Tape

2 tablespoons of raw rice or pebbles

Nails or screws (a little shorter than the towel roll is wide)

Instructions

1. Tightly secure one square of aluminum foil around one end of the paper towel roll, and tape to hold in place.
2. Push nails or screws into the towel roll in a spiral pattern from top to bottom.
3. Drop rice or pebbles into the paper towel roll, and then secure the other end of the paper towel roll with aluminum foil and scotch tape.
4. Tape one end of the paper to side of the paper towel roll. Wrap the paper around the roll tightly and secure with tape along the entire seam.
5. Decorate with markers and crayons.

Tip your rain stick slowly and listen to it rain. How slowly can you make the rain fall? Breathe to the sound of the rain. Close your eyes and tip your rain stick again. Can you make a picture of the rain in your mind that matches the sound of your rainstick?