

WORD GAMES

Grains & Cereals Word Scramble*

Unscramble the words to reveal the names of some healthy-to-eat cereals, grains, and similar foods. Read the clues to learn more about them!

1. R O C N

The seeds of this tall cereal grass are used as food for people and animals.

2. P E L S T

This ancient grain is a type of wheat. It's been cultivated since the Bronze Age.

3. Y E L R A B

This is one of the first cultivated grains. It was first grown mainly in Eurasia.

4. R L B U G U

This is used a lot in Middle Eastern cooking.

5. L L T E I M

India is the leading producer of this grain.

6. I U N O Q A

This plant originated in Peru and Bolivia. It was cultivated and used by pre-Columbian civilizations.

7. L O A A M E T

This gluten-free cereal is often "rolled" or "steel-cut." It's good for breakfast or in cookies!

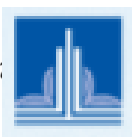
8. P C N O O P R

This special grain expands and puffs when heated.

**Puzzle was made using puzzlefast.com*

East Baton Rouge Parish Library 1 Children's Services 1 7711 Goodwood Blvd., Baton Rouge, LA 70806

225-231-3760 1 www.ebrpl.com 1 www.facebook.com/EBRPLKids



WORD GAMES

Grains & Cereals Word Scramble* Answer Key

1. R O C N

The seeds of this tall cereal grass are used as food for people and animals.

C O R N

2. P E L S T

This ancient grain is a type of wheat. It's been cultivated since the Bronze Age.

S P E L T

3. Y E L R A B

This is one of the first cultivated grains. It was first grown mainly in Eurasia.

B A R L E Y

4. R L B U G U

This is used a lot in Middle Eastern cooking.

B U L G U R

5. L L T E I M

India is the leading producer of this grain.

M I L L E T

6. I U N O Q A

This plant originated in Peru and Bolivia. It was cultivated and used by pre-Columbian civilizations.

Q U I N O A

7. L O A A M E T

This gluten-free cereal is often "rolled" or "steel-cut." It's good for breakfast or in cookies!

O A T M E A L

8. P C N O O P R

This special grain expands and puffs when heated.

P O P C O R N

**Puzzle was made using puzzlefast.com*

East Baton Rouge Parish Library 1 Children's Services 1 7711 Goodwood Blvd., Baton Rouge, LA 70806

225-231-3760 1 www.ebrpl.com 1 www.facebook.com/EBRPLKids