



TECHNOLOGY

Measure Me!

Once you were a tiny baby, but then you grew.
Your doctor measured you as you grew. Your parents measured
you as you grew. You can measure you too!

Try out some of these household ways of measuring yourself:

Step on a scale and find out how much you weigh

Use a tape measure to find out how tall you are or how long your
legs or arms are.

Take your temperature with a thermometer to find out how warm
you are.



What are some other ways to measure yourself that your family
might have?